

# Press Release

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## 10,000 MILE ROADSHOW WITH A DIFFERENCE ROLLS INTO TOWN!



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A 24 foot diameter printed mat rolls into town this week, on a journey that aims to “spread a positive energy around the USA,” according to the road trip’s creator, British interfaith minister and writer Clive Johnson.

As its name suggests – ‘Labyrinth Around America’ – the project involves taking a labyrinth (a path printed on a large canvas) around the states of the continental USA. Ultimately, Johnson hopes to visit every one of the 33 states that form the border of the US, stopping at as many different places as possible along the way.

He explains: “the project aims to introduce both individuals and communities to the time-honoured practice of labyrinth walking, which has gained massive popularity in recent years.” There are now thought to be more than 10,000 labyrinths in the US alone, found in settings as diverse as public parks and university campuses.

“Walking a labyrinth offers a way to meditate, and to escape from the everyday for a short while,” explains Johnson. Unsurprisingly, their popularity has been growing at a time when many people feel worn out by the busyness of modern life.

“The labyrinth welcomes people of any background, faith or no faith,” says Johnson. “It makes no demands, other than you simply put one foot in front of the other and walk!”

Johnson admits that the project at first seemed like a madness to him, but says that it was an idea that wouldn’t go away. “I’ve no real idea where all this may lead,” he says, “but I feel very passionate about welcoming everyone who takes time to step onto the labyrinth’s path.”

No experience is needed for walking a labyrinth, and individuals in wheelchairs, who are blind, or have the company of a service dog will be warmly welcomed. “Just come along,” says Johnson, “And hopefully we’ll have a chance to chat and share a light refreshment after the walk too!”

The labyrinth arrives in town [next week]. Simply turn up if you want to be a part of the labyrinth’s grand tour. There is no cost for walking.

More information about labyrinths and the ‘Labyrinth Around America’ project can be found on the project’s website at [www.labyrintharoundamerica.net](http://www.labyrintharoundamerica.net).

**IMAGES:** [www.labyrintharoundamerica.net/lbpress.html](http://www.labyrintharoundamerica.net/lbpress.html)

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*[www.labyrintharoundamerica.net](http://www.labyrintharoundamerica.net)*